

Friday 18<sup>th</sup> June 2026

Dear Parents and Carers,

At Connaught we are committed to providing high-quality Personal, Social, Health and Economic (PSHE) education that supports your child's development and wellbeing throughout their time with us. We are currently reviewing our PSHE curriculum in line with the DfE's updated statutory guidance for Relationships, Sex and Health Education (published 2025, for implementation from September 2026). This is a positive opportunity to bring our curriculum content up to date in a changing world, whilst maintaining our age-appropriate focus on the core knowledge and essential skills that children need to navigate different aspects of their lives with confidence both in and beyond primary school.

At Connaught we use Jigsaw, the mindful approach to PSHE, as our comprehensive scheme of work. The programme consists of six half-term units (Puzzles): Being Me in My World, Celebrating Difference, Dreams and Goals, Healthy Me, Relationships and Changing Me. Each Puzzle contains lessons that build progressively through the school, developing children's emotional literacy, self-esteem, resilience and understanding of how to build positive, healthy relationships. The updated guidance enhances the Jigsaw programme we already know and trust, rather than requiring radical changes. The strong foundations remain the same - we continue to focus on building the fundamental skills and knowledge children need - whilst ensuring our content reflects the world they are growing up in.

### Your views matter

We have uploaded information onto our website which we would encourage you to read. This can all be found in the RSE section of the school website.

A dedicated email address has now been set up for parents and carers to share any comments or reflections on the recent policy updates. [Rseconsultation@cjs.tamat.org.uk](mailto:Rseconsultation@cjs.tamat.org.uk) We warmly invite you to send your feedback to this address, which will be monitored between 19<sup>th</sup> and 30<sup>th</sup> June, ensuring your views are heard and considered.

This includes:

- Our proposed draft PSHE/RSE policy
- Jigsaw Information Leaflet for Parents and Carers (2026)
- Jigsaw RSE Overview Grid

Executive Headteacher: Miss S McGann      Deputy Headteacher: Miss K Whiting

The Alliance-Multi-Academy Trust is a charitable company Limited by Guarantee registered in England  
Registered number: 0856427 Registered Office: c/o Windlesham Village Infant School, School Road, Windlesham,  
Surrey, GU20 6PB

*Connaught Junior School, as part of TAMAT, is committed to safeguarding and promoting the welfare of children.*



*"Caring, Confident, Committed"*

- Parents guide to RSE in primary schools
- Jigsaw Information Leaflet LGBTQ

Working in partnership

We believe that PSHE education is most effective when schools and families work together. Your child's wellbeing, safety and personal development are at the heart of everything we do, and we value your input as we ensure our curriculum continues to meet the needs of our school community. We look forward to sharing our provision with you and hearing your views.

Yours sincerely,

Mrs Carroll

PSHE Lead

Executive Headteacher: Miss S McGann      Deputy Headteacher: Miss K Whiting

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