

Thursday 23<sup>rd</sup> May 2024

Dear Year 3 parents and carers,

During the last half of the Summer Term, we will be teaching the children about Relationships and Sex Education as part of our PSHE programme of study. This is a statutory requirement, and something Connaught has successfully been offering our students for six years now. The aim of these lessons is to start providing knowledge and understanding of how the human body changes and begin to address the topic of human reproduction. The lessons in school may reinforce and support discussions you are already having at home.

There has been a lot of discussion about RSE in the media recently that may have caused you some concerns or worries about the content of material your child is covering. I would like to take this opportunity to reassure you that all teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will present the information in an objective, balanced and sensitive manner. These materials are available for you to view, should you wish, by contacting your child's class teacher.

What will my child actually be taught about puberty and human reproduction?

Jigsaw's 'Changing Me' unit is taught over a period of 6 weeks, in the second half of the summer term. Each year group will be taught content that is appropriate to their age and developmental stage. Please note: at no point will a child be taught something that is inappropriate; and if a question from a child arises and the teacher feels it would be inappropriate to answer, (for example, because of its mature or explicit nature), the child will be encouraged to ask his/her parents/carers at home, the class teacher will also contact you and make you aware. The question will not be answered to the child or class if it is outside the remit of that year group's programme.

Please see the intended lesson outcomes below:

*The aim is that by the end of the lessons the children in **Year 3** will:*

- Lesson 1: How babies grow
  - Understand that in animals and humans lots of changes happen from being a baby to being a grown up and that it is usually the female who has the baby. We will also be discussing how it feels to have a new baby in the family.
- Lesson 2: Babies
  - Understand how babies grow and develop in their mother's uterus.
  - Understand what babies need to live and grow.
- Lesson 3: Outside body changes
  - Understand that boys' and girls' bodies need to change so that when they grow up their bodies can make a baby. Know that these changes are called puberty.

Headteacher: Miss S McGann

Deputy Headteacher: Miss K Whiting

The Alliance-Multi-Academy Trust is a charitable company Limited by Guarantee registered in England

Registered number: 0856427 Registered Office: c/o Windlesham Village Infant School, School Road, Windlesham, Surrey, GU20 6PB

**Connaught Junior School, as part of TAMAT, is committed to safeguarding and promoting the welfare of children.**

- Identify how boys' and girls' bodies change on the outside during the growing up process e.g. my voice will deepen; hair will grow between my legs etc.
- Know the correct name for different body parts.
- Lesson 4: Inside body changes
  - Identify how boys' and girls' bodies change on the inside during the growing up process and can say why these changes are needed so that their bodies can make babies when they grow up.
  - Know that babies need sperm and an egg to start growing, and where these are stored within the male and female body e.g. the testicles grow and start to make sperm; the sperm is released through the penis; the ovaries store hundreds of eggs and start to release them once a month during puberty; an egg joins with one of the sperm and it starts to make a baby.
  - Know the correct names for different body parts involved.
- Lesson 5: Family stereotypes
  - Recognise stereotypical ideas that might exist about parenting and family roles.
- Lesson 6: Looking ahead
  - Identify what we can look forward to about Year 4.

I would also refer you to the school website, where you can access our RSHE policy, JIGSAW information leaflets for parents and a list of suitable reading material to support this topic. If you have any questions regarding what will be taught, please speak to your child's class teacher.

Kind Regards,

Mrs Carroll

PSHE and Well-being Lead

Headteacher: Miss S McGann Deputy Headteacher: Miss K Whiting

The Alliance-Multi-Academy Trust is a charitable company Limited by Guarantee registered in England  
Registered number: 0856427 Registered Office: c/o Windlesham Village Infant School, School Road, Windlesham,  
Surrey, GU20 6PB

*Connaught Junior School, as part of TAMAT, is committed to safeguarding and promoting the welfare of children.*