Half Term Activities

Floor Is Lava







What To Use

- Cushions/Pillows
- Sofa
- Blankets
- And anything that will be suitable to jump on but not slippery

How To Play!

Firstly, put the items down in a large area (so you might have to go outside on a dry sunny day) widely spaced out but not too far so you can't reach it.

Then, pretend there is lava all around you and you can't die (fall off.) If you do fall off, go back to the start.

Once you -and whoever is playing- have completed it at least once, time each other and see who is faster! If no-one is playing with you, time yourself by putting the timer at the end and try to beat your record speed. To start you off, try to beat 8.54 seconds for a short one or 21.36 for a long one.

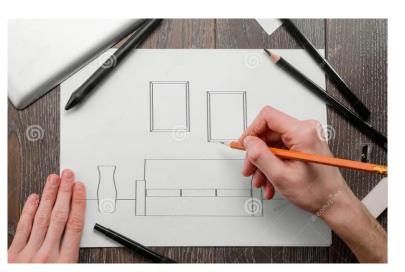
HAVE FUN AND STAY ACTIVE ©

Go On A Bike Ride With Your Family!





Design Or Build Your Dream Room!



On a piece of paper!
On Mine Craft!



Here are some ideas:





Make Something Out Of Cardboard!



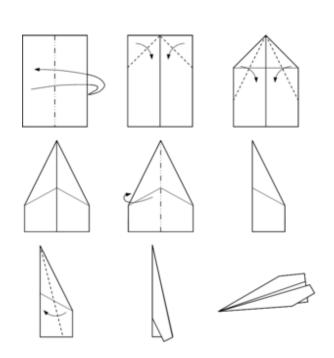








Make A Paper Aeroplane!



Maybe hold a competition and see whose travels furthest!

