MONDAY

BBQ chicken with rice

V Quorn pesto pasta

Jacket potato with a choice of fillings

V Peaches & custard

TUESDAY

Beef enchilada with garlic bread

V Vegetable bean wrap with vegetable rice Jacket potato with a choice of fillings

V Fruit yoghurt selection

WEDNESDAY

Roast British chicken with sage & onion stuffing, roast potatoes & gravy

V Quorn fillet with sage & onion stuffing, roast potatoes & gravy

Jacket potato with a choice of fillings

V Jelly

THURSDAY

Macaroni cheese

V Quorn sausage roll

Jacket potato with a choice of fillings

V Fruity flapjack

FRIDAY

Breaded white fish served with chips

V Sweet potato whirl served with chips

Jacket potato with a choice of fillings

V Chocolate muffin

MONDAY

Beef meatballs in tomato gravy

V Ricotta & spinach cannelloni

Jacket potato with a choice of fillings

V Cheese & crackers served with apple slices

TUESDAY

Ham pizza

V Vegetable bolognaise

Jacket potato with a choice of fillings

V Banana loaf & custard

WEDNESDAY

Roast British chicken with sage & onion stuffing, roast potatoes & gravy

V Quorn fillet with sage & onion stuffing, roast potatoes & gravy

Jacket potato with a choice of fillings

V Fresh fruit platter

THURSDAY

Pork sausages & mashed potato

V Veggie sausage

Jacket potato with a choice of fillings

V Butterscotch tart & custard

FRIDAY

Small fry fish served with chips

V Vegan style chicken nuggets served with chips

Jacket potato with a choice of fillings

V Chocolate & orange biscuit

MONDAY

V Tomato pasta

V Glamorgan sausage with herb potatoes Jacket potato with a choice of fillings

V Fruit crumble & custard

TUESDAY

Chicken korma served with rice

V Vegetable curry served with rice

Jacket potato with a choice of fillings

V Chocolate Sponge & Chocolate Sauce

WEDNESDAY

Roast British chicken with sage & onion stuffing, roast potatoes & gravy

V Quorn fillet with sage & onion stuffing, roast potatoes & gravy

Jacket potato with a choice of fillings

V Cheese & crackers with apple slices

THURSDAY

Beef burger in a bun with tomato sauce

V Veggie burger in a high fibre bun with tomato sauce

Jacket potato with a choice of fillings

V Sponge & custard

FRIDAY

White fish fingers served with chips

V Vegetable finger served with chips

Jacket potato with a choice of fillings

V Chocolate Cookie

Feb / 16 Mar

Jan / 24

27

Jan /

2 Dec / 6

Nov/

Week starting:

All of our meat, poultry, cheese and milk is Red Tractor Farm Assured . We never use fish on the Marine Conservation Society 'fish to avoid' list.





V - Suitable for Vegetarians.

23 Mar

/2 Mar/

/13 Jan / 3

Week starting: 18 Nov / 9 Dec

* Desserts highlighted with an asterisk contain a minimum of 50% fruit.

