

# MENU WEEK 1

Week starting: 16 Sept, 7 Oct

## MONDAY

**Mild chicken curry served with vegetable rice**

- V veggi bean wrap served with vegetable rice
- Jacket potato with a choice of fillings
- V carrot cake

## TUESDAY

**Homemade ham & cheese pizza served with potato salad**

- V Roasted vegetable quiche served with potato salad
- Jacket potato with a choice of fillings

- V Fruit yoghurt selection

## WEDNESDAY

**Roast British chicken with sage & onion stuffing, roast potatoes & gravy**

- V Quorn fillet with sage & onion stuffing, roast potatoes & gravy
- Jacket potato with a choice of fillings
- V Fresh fruit platter & crème fraîche\*

## THURSDAY

**Beef meatballs served with BBQ sauce & rice**

- V Ricotta & spinach cannelloni in a tomato sauce with a hunk of bread
- Jacket potato with a choice of fillings
- V Banana muffins

## FRIDAY

**Breaded Pollock served with chips**

- V Sweet potato whirl served with chips
- Jacket potato with a choice of fillings
- V Fruit cookie

## MONDAY

**V Pasta in tomato sauce**

- V Quorn lattice slice served with mids potatoes
- Jacket potato with a choice of fillings
- V Ginger sponge

## TUESDAY

**Great British pork sausages served with mashed potato & gravy**

- V Vegetable sausage
- Jacket potato with a choice of fillings
- V Cheese & biscuits with fresh fruit\*

## WEDNESDAY

**Roast British chicken with sage & onion stuffing, roast potatoes & gravy**

- V Quorn fillet with sage & onion stuffing, roast potatoes & gravy
- Jacket potato with a choice of fillings
- V Fresh fruit platter & crème fraîche\*

## THURSDAY

**Beef & pasta bolognese**

- V Quorn pasta pesto
- THIRD CHOICE
- V Ice cream roll

## FRIDAY

**Small fry fish served with chips**

- V Vegan style chicken nuggets served with chips
- Jacket potato with a choice of fillings
- V Chocolate brownie

## MONDAY

**V Macaroni cheese**

- V Jacket potato filled with beans
- Jacket potato with a choice of fillings
- V Iced sponge

## TUESDAY

**Minced beef pie with golden puff pastry served with mashed potato & gravy**

- V Quorn & butternut squash curry served with rice
- Jacket potato with a choice of fillings
- V Shortbread biscuit

## WEDNESDAY

**Roast British chicken with sage & onion stuffing, roast potatoes & gravy**

- V Quorn fillet with sage & onion stuffing, roast potatoes & gravy
- Jacket potato with a choice of fillings
- V Jelly served with fresh fruit & crème fraîche\*

## THURSDAY

**Beef burger in a high fibre bun with tomato sauce**

- V Veggie burger in a high fibre bun with tomato sauce
- THIRD CHOICE
- V Fruit Yoghurt selection

## FRIDAY

**Pollock fish fingers served with chips**

- V Quorn sausage roll served with chips
- Jacket potato with a choice of fillings
- V Chocolate Cookie

# MENU WEEK 2

Week starting: 2 Sept, 23 Sept, 14 Oct

# MENU WEEK 3

Week starting: 9 Sept, 30 Sept, 21 Oct

**All dishes are served with seasonal vegetables**

V - Suitable for Vegetarians.

\* Desserts highlighted with an asterisk contain a minimum of 50% fruit.



All of our meat, poultry, cheese and milk is Red Tractor Farm Assured. We never use fish on the Marine Conservation Society 'fish to avoid' list.



SURREY