


Connaught Pupil Parliament Action Plan



Sports Council 2023-24

<p>Objectives</p> <p>Promoting enjoyment within the sports that the children are exposed to at CJS.</p> <p>To develop and increase involvement in sport, across the whole school.</p>	<p>Key Actions</p> <p><i>Identify key issues by considering the following questions:</i> How can the children at Connaught promote sports to enhance the curriculum and improve enjoyment for all?</p> <p><i>What do we do well at the moment? What problems need to be solved?</i> Children at Connaught are exposed to an extensive and varied programme of sports through taught lessons, afterschool clubs and experience days. The children are equipped with safe and proper resources to use during their lessons. Some children struggle with motivation and lack enthusiasm towards PE. This then affects their involvement in PE and any sporting external activities/clubs.</p> <p><i>Identify key issues:</i> Some children have low interest in sports and some children might not have access to a sport outside of school.</p>
<p>What else could we do? What solutions/alternatives could we suggest?</p> <p>Children continue to encourage and motivate their peers, during lessons and other structured times of the day where activities are implemented, e.g. Early Morning Movement. Children to come up with a variety of alternative sports that could be introduced at Connaught, either through a lunchtime club/afterschool club etc. Children to promote the enjoyment of the sports they play through celebration days/experience days that are organised through the school. Encourage children to express how they feel about participating in sport and if they need any support with starting a new sport. Children lead sports skills and drills for Early Morning Movement. Children continue to monitor active classrooms, throughout the whole school. Children to be responsible for tidying and organising the PE sheds. Children to look after new PE equipment and resources used during lessons and early morning movement. Potentially offer our infant schools some workshops, in fun sports activities, that the sports councillors could host. Potentially host a fun and non-competitive interschools (TAMAT) competition, with the intention of growing into an elite sporting event with a TAMAT Trophy at stake. This would be where children from across the KS2 schools would compete against each other in various events, organised by the sports councillors.</p>	<p>Timescale & Budget</p> <p>Formal and informal Sports Council Meetings</p> <p>£200</p> <p>Monitoring</p> <p>Termly meetings with the Sports Councillors to discuss the implementation of the initiatives and ideas discussed. Children to run and organise early morning movement sessions every morning. Continue to monitor active classrooms across the school. Using the school equipment effectively to promote and increase involvement in sport. Being responsible for looking after the PE equipment in the outside sheds/hall/sport council equipment bag. Children to encourage and motivate children to take part in physical activity inside and outside of school. Discuss with Miss McGann regarding the interschools competitions and hosting infant schools' workshops. How can this be organised and hosted by the sports councillors?</p> <p>What will it look like when it is successful?</p> <p>Children will have access to a wider range of sports at Connaught. Children will encourage each other to enjoy the sports they take part in.</p>

	<p>Children will be able to promote their enjoyment for sports amongst peers.</p> <p>Children will have more opportunity to get involved with sports at Connaught.</p> <p>Children will be able to use new equipment to enhance their development and enjoyment in sports.</p> <p>Children will feel confident and comfortable to express their feelings regarding their participation in sport and how to ask for further support to be involved in physical activity.</p> <p>Children will become responsible for looking after the PE equipment and organising the sheds, to ensure longevity of equipment and resources bought.</p> <p>Children will be able to organise activities in the classroom, instead of early morning movement sessions, when the weather is poor.</p> <p>Children to host and organise interschools competitions across TAMAT.</p> <p>Children to host and organise sport workshops with our feeder infant schools.</p>
	<p style="text-align: center;">Impact</p> <p style="text-align: center;">WWW</p> <p style="text-align: center;">EBI</p>

Date	Discussed	Present
28.09.2023	<p>What do the sports councillors do?</p> <p>Monitoring active classrooms.</p> <p>Organising early morning movement and children allocated to an activity in the morning.</p> <p>Ensure the children are encouraging other children to be more active.</p> <p>Rota made for all year groups and classes.</p>	Representatives from each class
19.10.2023	<p>Making sure that children are running EMM.</p> <p>Wet break ideas and how to keep children active during these times. (Go noodles, Simon says, Joe Wickes Videos, Cosmic Kids Yoga,)</p> <ul style="list-style-type: none"> - Push ups, Forward and Backward Lunges, Jumping Squats, High knees, Heel flicks, Jumping jacks, Tuck Jumps, Spiderman Lunges, Mountain Climbers, Plank. 	Representatives from each class
		Representatives from each class
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