

Friday 9<sup>th</sup> June 2023

Dear Parents and Carers,

We are pleased to inform you that Connaught Junior School are taking part in the Sun Safe Schools national accreditation programme - the content of which forms part of our duty of care to ensure the health and wellbeing of your child(ren) during school hours.

Whilst we recognise that some sun is good for us, Sun Safety is an important health and safety issue. Children spend almost half their childhood at school, with a great deal of time spent outdoors. During the warmer months of the year children are exposed to Ultraviolet Radiation (UVR) from the sun, the majority of which is when penetration is strongest (between 11am and 3pm). Without adequate protection, a child's delicate skin can easily burn, this can cause cumulative and irreparable damage that can significantly increase their risk of developing skin cancer in later life. Whilst skin cancer remains the UK's most common and fastest rising cancer, the good news is that it is almost entirely preventable (around 90% of cases) and with parental support, simple steps can be undertaken to ensure that your child is protected, can enjoy the sun safely and learn to develop healthy lifestyle choices.

Please take the time to read through our Sun Protection Policy which is available to view on the school website. This policy demonstrates our commitment to providing a Sun Safe environment, protective measures and education.

Parental support will play a vital role in our efforts to implement effective control measures, particularly with the provision of suitable sunscreen and sun hats. In-line with our Sun Protection Policy we ask that parents ensure their child(ren) are equipped with a suitable sun hat and sunscreen that are clearly labelled and brought to, or kept at school from April through to the end of September for use/application when required. Sun hats should be either broad-brimmed (bucket style) or legionnaire to shade the face, neck, ears and cheeks. We recommend that sunscreens have a minimum Sun Protection Factor (SPF) 30, be 'broad-spectrum' (to provide both UVA and UVB protection) and, if labelled with a UVA star rating, carry a minimum of 4 stars. Connaught will have limited spare sun hats and sunscreen for application in the event your child does not have access to their own (permission will be required).

As we work toward our Sun Safe Schools Accreditation, all children will learn about safe and unsafe exposure to the sun and how to reduce the risk of sun damage, including skin cancer. We can assure you your child(ren) will have lots of fun learning about this subject through the Sun Safe Schools programme that focuses on developing their knowledge of UV and how to enjoy the sun safely. Guidance and practical advice about the risks associated with UVR and the prevention and early detection of skin cancer is available on the school website under our PSHE curriculum pages.

Kind Regards,

Mrs Carroll  
PSHE and Well-being Lead

Headteacher: Miss S McGann

Deputy Headteacher: Mrs K Saunders

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***Connaught Junior School, as part of TAMAT, is committed to safeguarding and promoting the welfare of children.***